



Nell Holcomb R-IV School

September 2016

Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Pancakes, sausage, fruit, & milk Burrito w/nacho cheese, corn, applesauce, & milk	30 Scrambled eggs, toast, juice/milk BBQ riblet on bun, potato wedges, pears, & milk	31 Cereal, cinnamon toast, fruit, & milk Cowboy beef & beans, green beans, fried apples, bread, & milk	1 Honeybun, fruit, & milk Chili, peanut butter sandwich, raisins, & milk	2 Poptart, oatmeal, fruit, & milk Pizza, salad, peaches, & milk
5 No School Labor Day	6 French toast sticks, fruit, & milk Corndog, mac & cheese, peaches, fruit n nut cookie, & milk	7 Cereal, cinnamon toast, fruit, & milk Chicken & noodles, green beans, pears, hot roll, & milk	8 Bagel, fruit, & milk Tomato soup, grilled cheese sandwich, raisins, & milk	9 Muffin, yogurt, fruit, & milk Cheeseburger on bun, smiles, apple, & milk
12 Pancakes, sausage, fruit, & milk Spaghetti, lima beans, applesauce, & milk	13 Scrambled eggs, toast, juice/milk Deli turkey & cheese on bun, potato tots, pineapple, & milk	14 Cereal, cinnamon toast, fruit, & milk Chicken nuggets, whipped potatoes w/gravy, biscuit, fruit cup, & milk	15 Honeybun, fruit, & milk Juicy burger, cheese stick, baked beans, peaches, & milk	16 Breakfast cookie, sweet rice, fruit, & milk Pizza, corn, pears, & milk
19 French toast sticks, fruit, & milk Taco salad, tortilla chips, pineapple, & milk	20 Biscuits w/gravy, sausage, juice/milk Buffalo chicken tenders, baked beans, pears, & milk	21 Cereal, cinnamon toast, fruit, & milk Baked ham, whipped potatoes, green beans, hot roll, & milk	22 Bagel, fruit, & milk Vegetable soup, grilled cheese sandwich, peach cup, & milk	23 Muffin, yogurt, fruit, & milk Hotdog on bun, potato tots, mixed fruit, & milk
26 Pancakes, sausage, fruit, & milk Fajita chicken, refried beans, Mexican rice, & milk	27 Scrambled eggs, toast, juice/milk BBQ riblet on bun, French fries, cheese stick, fried apples, & milk	28 Cereal, cinnamon toast, fruit, & milk Lasagna, corn peaches, & milk	29 Honeybun, fruit, & milk Chili, peanut butter sandwich, raisins, & milk	30 Poptart, oatmeal, fruit, & milk Pizza, salad, pears, & milk

*Baby carrots, fresh popcorn florets, and dried fruit offered daily to all students. * Salads offered daily to grades 6th through 8th.

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